

# LATE PRACTICE JOURNAL FORM

You should ONLY be using this form if you forgot to submit your journal via Schoology. Answer each question completely and give specific details. Make sure you give WHAT, HOW, & WHY for each goal you set. ***This must be turned in at least 1 week prior to the end of the semester to receive partial credit.***

Name :

Week of:

How many days did you practice this week?

Warm-up goal :

Describe progress toward achieving warm-up goal. What did you work on, how did you work on it, and why did you approach it in this way?

Did you achieve your goal? If not, what is your next step?

Playing Goal (What phrase(s) or measures in your sheet music/book - be specific):

Describe progress toward achieving playing goal. What did you work on, how did you work on it, and why did you approach it in this way?

Did you achieve your goal? If not, what is your next step?

Rate your practice on a scale of 1-5: 1 meaning "I didn't get any better at my music this week" and 5 being "I got WAY better this week!"

# SPARTA MS BAND PRACTICE JOURNAL

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**If you run out of pages, copy and paste more here!**